

American Heart Month

Awareness is the first step to prevention.



22%

of deaths in the U.S. are currently due to heart disease.

47%

of U.S. adults have high blood pressure (a risk factor for heart disease).

45%

of women over 20 are living with some form of cardiovascular disease.

Why is it important?

Heart disease is the leading cause of death in the United States, accounting for about 1 in every 5 deaths. It often develops gradually and without noticeable symptoms, which means many people are unaware they're at risk. Common factors like high blood pressure, high cholesterol, diabetes, smoking, and family history can significantly increase the likelihood of heart-related complications.

We're here to support your heart health.

Talk with the pharmacy team about screenings, prevention, and disease management options to help protect your heart and support long-term health.